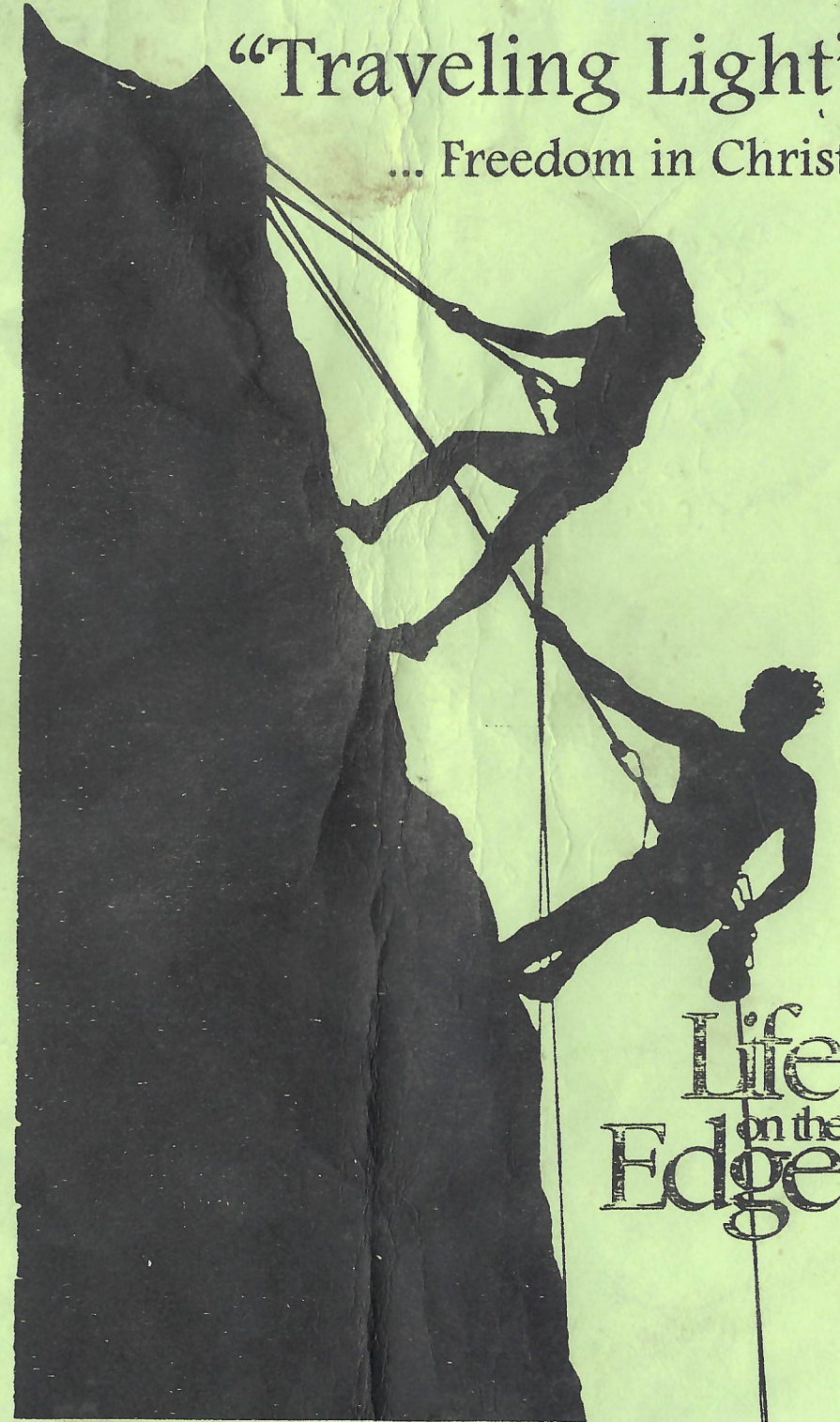


# “Traveling Light”

... Freedom in Christ



Life  
on the  
Edge



MIGHTY  
FROGS

CREW NAME: \_\_\_\_\_

CREW LEADER'S NAME: \_\_\_\_\_

NAMES OF PEOPLE IN MY CREW:

Heather	LARMIE
Ryan	JERRAL
Randy	
Danny	
Cathy	
Jo	
KARISSA	

CREW DUTY ROSTER:

Saturday Supper

Cooks: Danny  
Larmie - Jerral

KP's: Edd  
Karissa

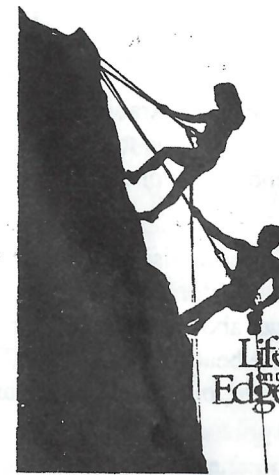
Water: Heather/Jo

Sunday Breakfast

Cooks: Randy  
Karissa

KP's: Cathy  
Jerral

Water: Heather/Ryan



Free To  
Change

NEAR THE EDGE

1. Write here the name of you crew: THE FROGS
2. What's your crew leader's name: LARMIE
3. Why did you come on this retreat?

HELP CARTER LAKE YOUTH GROUP  
BECOME MORE UNIFIED + TRUSTING  
OF EACH OTHER

ON THE EDGE

1. Read Galatians 1:13 -24.

Instead of giving us a simple formula for change, Paul tells us his story of conversion to Christ. Here's a brief outline of what he said:

**My Former Life** - He tells how he was raised in Judiasm. Judiasm was a religion where doing something meant everything. People took pride in their religious education and their religious busyness. A relationship with God was a matter of keeping lots of rules for a God who was on the outside of your life rather than on the inside.

**God's Revelation** - For Paul God moved from the "outside" to the "inside" when he appeared to Paul (then his name was Saul) in a bright light on the road to Damacus (see Acts 9). Suddenly Paul realized that love him and had always loved him. From then on Paul realized that true religion was not a matter of knowing and doing something for God, but rather letting God do something for you (ie. save you, forgive you, bless you, command you, etc.)



**Solitary Retreat** - Paul said, "I went away to Arabia..." If God's going to work in us we have to take time to get away from the distractions of life and spend time alone with him. Like you are doing this weekend.

**Sharing Our Stories** - Paul said, "I went to visit Cephas (Peter)." The word "visit" means "swap stories." Paul probably ask Peter, "How did God get ahold of you?" Peter probably said something like, "On the beach in the Galilee." Over conversion stories are all different, but the same in many ways.

**Sharing "The Story"** - God set Paul free to live well and bless others. God does not want us to live our Christianity privately. He wants it to over flow into other's lives. He said in Matt. 28:19, "... as you go into all the world spread the Good News of freedom in Christ"

### OVER THE EDGE

1. To what extent do you think you were "set apart" by God?  
(Circle one) I think ...
  - a. ... God knew me before I was born and "pre-loved" me.
  - b. ... God didn't notice me until I got older and started going to church.
  - c. ... God doesn't really notice us individually.
  - d. ... I don't know. I never really thought about it before.
2. Do you feel "trapped" or "free" in your relationship with God?  
(Circle one that describe how you really feel)
  - a. Being a Christian mostly keeping rules and pleasing my parents for me.
  - b. Being a Christian is a combination of keeping rules and trusting God for me
  - c. Being a Christian is totally trusting God for me
3. My "conversion story" more like:
  - a. Peter's Story - God came into my life slowly and gradually
  - b. Paul's Story - God came into my life quickly and abruptly

4. What opportunities do have "as you go" in your life to share who Jesus is and what He has done for you?
  - a. With one of my family members who is not a Christian
  - b. With a friend who is not a Christian
  - c. I really don't have any that I see

### OFF RAPPELL!

Write a prayer asking God to use you to reach one friend or family member with the freedom found in Christ:

Lord, please give more opportunities to witness to Jon Prokop + my high school basketball guys. Lead Steve and into deeper friendships with those guys, so that we have opportunities to demonstrate our concern for Dingo, and AD and Prince, and any others you want us to come to, know and encourage for you.



## Free To Fail

### ON THE EDGE

1. Write about one recent failure in your life.

Loss of a dream of seeing my daughter enjoy her senior year, graduate, marry, have children.

2. What helped you get over that failure?

Seeing God's blessings in Tori, focus purpose in Sara's life.

### OVER THE EDGE

1. Read Galatians 5: 24 - 6:5

What does this passage say about how we are to treat each other when we fail?

Not become conceited, provoking + envying one another. restore those caught in sin gently... watch out that you're not tempted.

2. Read I Corinthians 12: 25-26

What does this passage say about how we are suppose to feel when a friend in Christ fails or succeeds?

...when one part is honored, every part rejoices with it

...if one part <sup>4</sup> suffers, every part suffers

Context: The Corinthians doubt of Paul's authority

3. Read II Corinthians 13: 4-9

What do you think this passage is saying about our motives and "passing" or "failing" in our "test of faith" before God? (Circle one)

Paul says, This is my nature → NOT this →

- a. If our desire is to please only God, and not others, we cannot ultimately fail
- b. If our desire is to be always right in our own eyes then Christ cannot find room to dwell in us
- c. God defines "weakness" and "strength" differently than does the world.
- d. I don't have any idea what this is saying

### OFF-RAPPELL

Write a prayer to God about failures in you life. Ask him to help you.

O God, my sins & the consequences of my sins, and those of my daughter, are ever before me. Thank you for loving me & Sara unconditionally. Help me "jaccuzi" in your grace. Help me to continue in forgiveness. Thank you for Tori.





## Free To Trust

### **ON THE EDGE**

1. Tell about one fear you had as a child and how you overcame it.
2. What do you think is the most fearful part of rappelling?
3. What do you think rappelling is going to do for your ability to trust others?
4. How can your friends help you overcome your fear of rappelling today?

### **OVER THE EDGE**

1. Write in your words **Proverbs 3:5**
2. Write in your own words **Psalm 97:10**
3. Write in your own words **II Corinthians 5:7**
4. What do these three verses share in common?
5. In what ways is living the Christian life like rappelling?

### **OFF-RAPPELL !**

Get together with one other person and have a prayer before you come to the rappelling area. Pray for each other's ability to trust. Come to rappell site together and cheer each other on.



# Free To Love

## ON THE EDGE

1. Spend a few minutes scanning the **Book of Psalms** looking for short verses that describe some attribute of God (ie. His holiness, His powerfulness, His mercifulness, etc.) Fill in the blanks below and be ready to read the statements during our worship time.

Example: "God, Psalm 95 says that you are a great God.

We praise You for your greatness."

Song that goes along with this idea: Come Let Us Sing With Joy

"God, Psalm \_\_\_\_\_ says that you are \_\_\_\_\_.

We praise you for your \_\_\_\_\_."

Song: \_\_\_\_\_

"God, Psalm \_\_\_\_\_ says that you are \_\_\_\_\_.

We praise you for your \_\_\_\_\_."

Song: \_\_\_\_\_

"God, Psalm \_\_\_\_\_ says that you are \_\_\_\_\_.

We praise you for your \_\_\_\_\_."

Song: \_\_\_\_\_

## OVER THE EDGE

1. Write John 13:34 in the space below.

Love one another as I have loved you,  
so you must love one another  
By this all men will know you  
are my disciples, if you have  
love for one another

2. Write Galatians 5:13-14 in the space below.

You were called to be free, but  
do not use your freedom to satisfy  
the sinful nature, rather serve  
one another - love your neighbor  
as your self.

3. What do these two passages have to say about the importance of expressing our love for one another?

- Its the way other know we are  
of Christ.

- Its the way we use our freedom  
in Christ

OFF-RAPPELL <sup>vs. 15 - Biting & devouring each other will destroy you & your group</sup>

1. Write your rappelling partner's name here: JOHN

2. Make a list of positive attributes (strengths) that you see in your rappelling partner (ie. honesty, kindness, perseverance, etc.)

He strives for excellence in the important things. He never gives up but finishes things he starts. Follows through on relationships

Be ready to share these and some specific reasons for them when we partake of the Lord's Supper.





## Going Home ...

1. What have you enjoyed the most about the weekend?
2. What have you enjoyed the least?
3. What have you learned about yourself this weekend?
4. What did you learn about your youth group?
5. What have you learned about *"Traveling Light" ... Your Freedom in Christ*?
6. What do you need to do back home so that your church or youth group is more unified and supportive of each other?

## Why not really step over the edge?

*Come to Colorado this summer and experience the ultimate Christian adventure ...*



### INFORMATION SHEET

#### **What?**

Wilderness Trek is a rugged six day adventure that includes backpacking, hiking, rappelling, devotionals, Bible study, spiritual growth activities, and a climb to the summit of at least one 13,000 or 14,000 foot mountain.

It is specifically designed to challenge young people from 13 to 18 to discover self-confidence, self-esteem, personal faith, and to learn of the awesome potential for powerful Christian daily living.

#### **When?**

Wilderness Trek may be scheduled from the last week in May through the last week in August. Each Wilderness Trek includes 6 days of scheduled activities. Each week of the summer, there are two Trek schedules:

Saturday through Friday  
Sunday through Saturday



### **Who?**

Participation can be on an individual or group basis. Any teen over 13 is eligible to participate regardless of race, religion, or sex. Young people under 14 years of age must be accompanied by a parent. Adult sponsors are welcome.

### **Cost?**

The cost of Wilderness Trek is \$220.00 per participant. This fee provides for basic backpacking equipment, insurance, food, guide and outfitting services, Trek journals, T-shirt, banquet, and the experience!

The participant or group must provide personal clothing and transportation to and from the outfitters rendezvous point in Colorado.

### **How is it organized?**

WTCC provides a Reservation Agreement to all groups or individuals who desire to participate in Wilderness Trek. The WTCC Executive Director will schedule your week of Trek and will coordinate all details with an Adult Contact from your group. WTCC will provide all materials for organizing your Wilderness Trek.

### **Safety?**

During all Wilderness Trek activities, safety is paramount. WTCC continues to pursue well-trained and qualified guides who plan for the safety of all Wilderness Trek participants.

**Wilderness Trek has provided quality Christian wilderness adventures for young people for over eighteen years.**

### **Goals:**

Wilderness Trek is a ministry and has been since its beginning. Its original design was to create an atmosphere of challenge for the specific development of leadership among young people. It has since grown to affect a large number of people, and to affect them in different ways. However, the underlying goals have been the same: to provide a situation in which people can learn more about the everyday reality of God in their lives. By pursuing a selected spiritual theme, Wilderness Trek teaches spiritual applications to each day's activities. Participating teens provide the leadership, therefore encouraging personal growth in character and responsibility.

### **Structure?**

Each group participating in Wilderness Trek is organized into crews of 10. Crew Leaders (from your group), prepared in advance for their responsibilities, guide the crew in their daily tasks. Staff and adults participate as crew members.

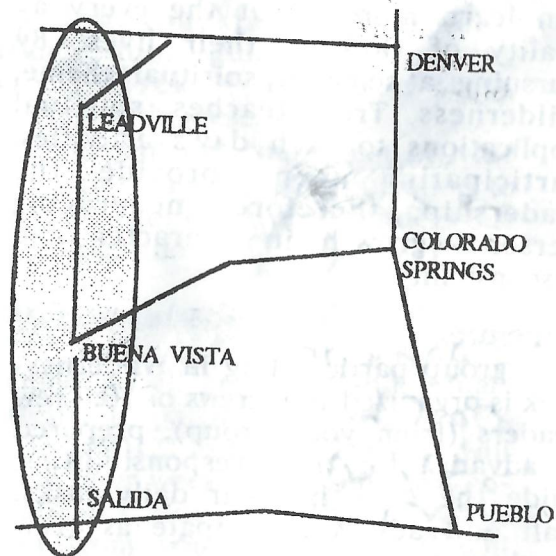
### **Daily activities:**

- orientation
- worship - Sunday
- rappelling
- backpacking and hiking
- daily campfire devotionals
- summit attempt
- establishing campsites
- spiritual growth activities
- skit night
- banquet and awards
- closing devotional
- crew mealtimes



### **Where?**

Wilderness Trek conducts its activities in the National Forest of central Colorado. You will meet our outfitters at a designated rendezvous point and from there go into the mountains. Below is a map of the area where Wilderness Treks will take place:



### **What's supplied:**

#### For each individual -

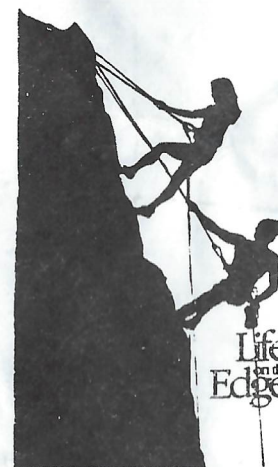
- sleeping bag
- sleeping bag pad
- backpack
- Spiritual journal

#### For each crew -

- 4 person tents
- 2 stoves and fuel
- cooking pots
- cooking utensils
- dining rainfly
- first aid supplies
- food for planned meals

### **Clothing and Personal Gear:**

WTCC participants bring their clothing and personal items and transfer them to a backpack. A list of recommended clothing and personal gear will be supplied to assist each person in determining what to bring. You won't need to buy special clothing or items -- you probably already have what is needed for the Trek experience!



*For more information contact the Wilderness Trek national office:*

**Wilderness Trek Christian Camp**

P.O. Box 62834

Colorado Springs, CO 80962-2843

**Toll free hotline: 1-800-833-9256**